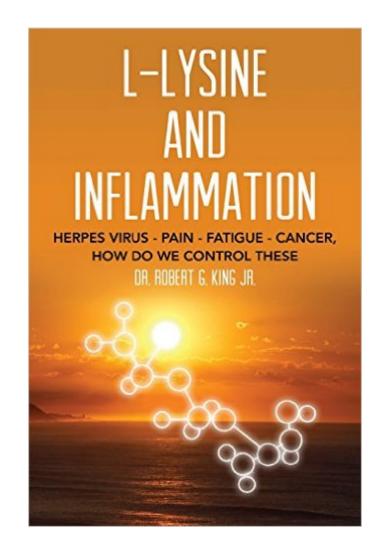
The book was found

L-Lysine And Inflammation: Herpes Virus - Pain - Fatigue - Cancer, How Do We Control These





Synopsis

This book discusses inflammation of the body and describes life style changes to create better health. These changes include anti-inflammatory foods and supplements such as vitamins, minerals, probiotics, phytonutrients and amino acids such as L-lysine. A healthier life style results in a stronger immune system with less severe infections, pain and fatigue.

Book Information

Paperback: 44 pages Publisher: CreateSpace Independent Publishing Platform (April 24, 2014) Language: English ISBN-10: 1495976548 ISBN-13: 978-1495976544 Product Dimensions: 6 x 0.1 x 9 inches Shipping Weight: 4.2 ounces (View shipping rates and policies) Average Customer Review: 1.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #3,110,604 in Books (See Top 100 in Books) #92 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Herpes #654 in Books > Medical Books > Medicine > Preventive Medicine

Customer Reviews

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